



# #4 Sarah Haynes

## Senior Middle Hitter

5-11 • Huntingtown, Md. • Northern HS



### 2001

Earned All-Peach Belt Conference and AVCA All-South Region honors after hitting .279 with 406 kills and registering a team-high 134 blocks ... Is just the second player in AASU volleyball history to notch 1,000 career kills, reaching the plateau in the NCAA South Regional vs. USC Spartanburg on 11/15 ... Ranked among PBC leaders in hitting percentage (9th), kills per game (3.10, 9th) and blocks per game (1.02, 4th) ... MVP of the Catawba adidas Invitational and earned AASU/Chatham Orthopaedics All-Tournament honors ... Recorded 10+ kills a team-best 25 times during the season ... PBC Commissioner's Honor Roll honoree who has played in every match since 1999.

### 2000

Named the Peach Belt Conference Player of the Year after hitting a team-best .333 with 364 kills as a sophomore ... Ranked third in the PBC in hitting percentage and 10th in blocks ... Set new school mark by hitting .769 (10-0-13) vs. Rollins on 10/14/00 ... Named PBC Player of the Week on 10/24 ... Became first AASU player in school history to earn AVCA All-South Region honors ... Also named to PBC All-Tournament Team and to the PBC Commissioner's Honor Roll.

### Haynes' Game Highs

**Kills:**

23 vs. USC Spartanburg, 11/16/00

**Hitting Percentage:**

.769 (10-0-13) vs. Rollins, 10/14/00

.727 (16-0-22) vs. West Georgia, 9/9/00

**Digs:**

22 vs. Angelo State, 9/1/01

**Blocks:**

13 at Florida Southern, 10/15/01

**Service Aces:**

6 at West Georgia, 8/25/01

### 1999

Hit .296 with 245 kills as a freshman ... Ranked fifth in the Peach Belt in hitting percentage ... Collected 92 blocks and tied for third in the Peach Belt with 0.90 blocks per game ... Earned All-Tournament honors at the California (Pa.) Tournament.

### HIGH SCHOOL

Attended Northern High School ... 1998 All-Metro Area team ... 1998 Southern Maryland team ... Earned Calvert County first team honors twice ... Northern High School won 1996 and 1997 Region and State Championships ... Member of National Honor Society.

### PERSONAL

Born Sarah Elizabeth Haynes on November 12, 1981 ... Daughter of Steve and Teresa Haynes ... Majoring in art/interior design ... Brother, Matt, played baseball for the University of Maryland and sister, Cindy, is an incoming freshman for the AASU volleyball squad ... Enjoys pottery and shopping.



### Sarah Haynes' Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
1999	41/102	245	91	520	.296	4	7	16	125	26	66	3	2
2000	39/136	364	108	768	.333	9	31	44	231	32	68	17	7
2001	39/131	406	149	922	.279	21	51	49	332	21	113	13	6
<b>3 Years</b>	<b>119/369</b>	<b>1015</b>	<b>348</b>	<b>2210</b>	<b>.302</b>	<b>34</b>	<b>89</b>	<b>109</b>	<b>688</b>	<b>79</b>	<b>247</b>	<b>33</b>	<b>15</b>



Haynes recorded her 1,000th career kill on 11/15 vs. USCS